

S.I.C. **Cross Country**

This is a co-ed team for students in 2nd-8th grade.

Sunday, July 14th from 6:00-7:00 at Sacred Heart School gym (1840 E. 8th Street Jeffersonville) located behind the school, S.I.C. cross country will be holding an open registration .

Please bring a current athletic physical. All participants are required to turn in a current athletic physical to begin practicing. Practices will begin Monday, July 29th, 6PM for kids 4th grade and below, and 6:30 for kids 5th grade – 8th grade at Community Park in New Albany, at the last shelter house in the park just past the Tennis courts. Practices for 4th and below will last approximately 45 minutes, and 1 hour and 15 minutes for kids 5th grade and above.

Registration fee this year is \$70 per runner (each additional runner in one household is only an additional 20.00) and a uniform (running singlet) deposit of \$40 (this will be a separate check and will not be cashed unless uniform is not returned). Uniform shorts are only required to be purchased for middle school runners and are \$15. **No child will be turned away from participating because of ability to pay.**

It is important to attend the registration meeting on July 14th. If you are unable to attend please make sure to contact Eddie Terkhorn eterkhorn@gmail.com . We will be handing out important information, filling out forms and going over the season schedules.

An email reminder about registration will be sent out via TeamApp. Coach Eddie uses the mobile app, TeamApp for all communication. If you have not done so, please download this free app to your smart phone and search for SIC XC and then request access to Players and Profiles.

August-October 1st Tentative Regular season meets

Fern Creek Swags Relays 5 th -8 th	St. Edward's 2 nd -8 th	Louisville City Classic 2 nd -8 th
St. X Tiger Run 5 th -8 th	Run for the Gold 2 nd -8 th	SIC 2 nd -8 th
Tully 2 nd -5 th	Holy Cross 2 nd -8 th	NATC 2 nd -4 th
Fairgrounds Frenzy 2 nd -8 th	Trinity 2 nd -8 th	

Student must be registered and all required paperwork turned in no later than **Friday August 9th**.