

2/2/2018

Corn, Corn Oil, And Salt. COMMON ALLERGENS PRESENT: None. Prior to consuming this product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and ingredient statement updated December 2015. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED. ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Fritos

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

NextGen Ordering

Serving Size 1 Pkg (28.35g)	
Amount Per Serving	
Calories 160	Calories From Fat 90
	% Daily Value *
Fat 10g	15%
Saturated Fat 1.5g	8%
Trans Fat 0g	
PolyUnsat. Fat 0g	n/a
MonoUnsat Fat 2.5g	n/a
Cholesterol 0mg	n/a
Sodium 160mg	7%
Potassium	n/a
Carbohydrates 16g	5%
Fiber 1g	4%
Sugar 0g	
Protein 2g	4%
Vitamin A 0% Vitamin C 0% Calcium 2% Iron 0%	
* Based on a 2000 calorie diet.	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

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