

Calcium	14mg	0%
Iron	1mg	2%
Potassium	58mg	0%

Not a significant source of added sugars.

The % Daily Value (DV) tells you how much a nutrient of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whole Corn Meal, Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Cheese Seasoning (Whey, Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Canola Oil, Maltodextrin [Made from Corn], Natural and Artificial Flavors, Salt, Whey Protein Concentrate, Monosodium Glutamate, Lactic Acid, Citric Acid, Artificial Color [Yellow 6]), Artificial Color (Yellow 6), and Salt.

CONTAINS MILK INGREDIENTS.

FRITO-LAY, INC.

PLANO, TX 75024-4099

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Cheetos Puffs