

A.C.E.S.

(All Children Exercising Simultaneously)

Wednesday May 3, 2017

10:00-10:30

Families will be together for our first Field Day meeting (9:15-10:00) and then move out to the large parking lot.

**** Please remind anyone you know not to park in the middle of this lot!! Thanks.

**** Rainy weather will change our location to the GYM.

Students have permission to wear western gear- hat vest bandana (no outlaws-scarf over faces) etc. A reminder on your white board would be great!!

Dance order: Footboogie, Little Duck Dance, Cha Cha Slide, Cotton-Eyed Joe and Cupid Shuffle.

Students will return to their family rooms to the song Locomotion. From here students will then be directed to move to their classrooms.

**** Students need to stay with their families!! I have a favor to ask of all teachers. I would appreciate if each teacher would stay with their family encouraging all to participate and to behave appropriately.

The reason for the day is to send out the message that **MOVEMENT** is important for **All** of us!! This is a worldwide event. Check out Project ACES and Len Saunders on line.

Join in!! Have fun with your family!!